

2026 年度 入学試験問題

教育学研究科

学校教育専攻（修士課程）

「英語」

（1 期）

受験番号	氏 名

文教大学大学院

[1] 次の英文は、*101 Life Skills Games for Children* の序文からの抜粋です。これらを読んで、文中の下線部(1)～(5)を日本語に訳しなさい。

What are life skills? ⁽¹⁾Aside from the practical skills required for getting on in life, children need to develop social and emotional skills in order to become well-adjusted adults. These skills are the focus of this book.

In particular, the games in this book and in *101 More Life skills Games for Children* (for children and teens aged 9-15) are designed to foster competence and awareness in the following areas: self-awareness, self-regulation of emotions, active listening, verbal and nonverbal communication, collaboration with others in pairs and larger groups, and observing and understanding other people's feelings. These are essential skills, the building blocks of a successful life. Participating in the games in this book in class or at a camp will help a child to develop in a safe and supportive environment.

We considered calling these areas of social and emotional development *life values* rather than life skills but didn't want to mislead readers into assuming that we are recommending moral principles or prescribing what is right and wrong. Rather, the focus is on developing the foundation skills of self-awareness and getting along with others. ⁽²⁾Once these foundations are in place, children are equipped to learn the skills required to become independent. These are addressed in other books and are likely to be of more value when your children are little older.

⁽³⁾School counselors and teachers have noted an increase in the number of children who have difficulties assimilating into the classroom environment. To help these children, counselors have to rely on strong participation from parents, teachers, educators, and other adults. This book has been created to help them.

Children who have problems in the classroom have a tendency to cause problems for others, too. These children need models for developing social and problem-solving skills. In a structured group they can experience and try out social behavior. They can learn through daily practice and contact with other children. Make-believe situations can help—in make-believe children can find security. ⁽⁴⁾With the games in this book, while having fun, children can deal with a current conflict in the classroom or with a make-believe problem that will help prepare them for real-life situations in the future.

Life skills games can also work at the group level, so that through members can face future problems with confidence and develop problem-solving competence as a group.

⁽⁵⁾A child who feels safe in a strong group will also be better at facing problems outside the group.

出展

Bernie Badergruber (2005) *101 Life Skills Games for Children*. Hunter House Inc.